



The Sunday Next Before Lent Sunday 7th February 2016 – Christingle Service

Wednesday 10th February 10.30am Holy Communion in the Rectory.

Please pray for: Doreen Burrows, Doris Massey, Sally, Michael Bridges, Annie Hughes, Olwin Bridges, Shirley, Desmond and Renee Clifton, Trevor Newton, Joyce Davis and any who are unwell at this time.

NOTICES - Please take this sheet home with you.

Fair Trade Stall: Steph will be here after the 9.30am service today with the Fair Trade stall. Please bring plenty of change and stock up on all your favourite items. Thank you.

Ash Wednesday Service: Wednesday 10th February at 7.30pm there will be a Deanery Service for Ash Wednesday here in St Michael's. All are welcome. Archdeacon Ian Morgan will be preaching.

The Children's Society boxes: It's that time again for the emptying of our boxes. Please would you bring them to church? We have raised over £800 in the last few years just from putting small change in these boxes, amazing! Thank you. Mary S.

Plastic milk bottle tops: Please start collecting them again for Deborah and Wendy as the children love the game they are used for!

Knitters and Stitchers: The next meeting is on 8th February at 2pm. Details: Geraldine 727489 or Mary 638897

Lent Course – The Psalms (Week beginning Mon 15th February). This year we are thinking and praying about the Psalms as prayers for today's church. The course we are using has been written by Bishop Stephen Cottrell who is an excellent and easily understandable writer who opens up some key psalms for us. Sermons and worship will be using the psalms to focus our worship during this period. There is a study booklet (£5) which can be used whether you are a member of a group or not; and you can be a member of the group without the booklet. We are running three groups and will do more if necessary:

Tuesday afternoons – at Christopher Bindloss', 01728 720106, The

Grange, Fairfield Rd from 2pm – leader will be Christopher
Tuesday evenings – at Paula Kerr's, Briar House, Badingham Road, Framlingham, IP13 9HS (in new development of 4 houses.) Tel: 01728 723108 from 7.30 – leader will be Betty Mockford. (Please ring Paula to let her know you plan to attend the first meeting to give her an idea of numbers)

Wednesday mornings at Rectory at 11.15 – this will follow the Holy Communion Service which you are welcome to attend but group and service will be totally different groups.

FOSM Lunch This delicious lunch is happening on Thursday 18th February. There is a sign-up sheet at the back of the church. Everyone is welcome to come to this very sociable occasion, so do join us.

Alive@4: Sunday 21st February in St Michaels Rooms at 4pm. Worship fun Activities and tea with young families especially in mind. Do join us. Contacts Mary 638897 or Wendy 720125

The Consecration and Installation of the Bishop of Dunwich: Everyone is invited to join the Revd Canon Dr Mike Harrison and his family for the two services to mark the start of his ministry among us as our next Bishop of Dunwich. **Consecration Service**, Wednesday 24 February, 11.00am at Westminster Abbey, for tickets see poster in porch for details. **Installation Service** Saturday 27 February, 3.30pm at St Edmundsbury Cathedral, for tickets for the Installation Service email deanspa@stedscathedral.org or call 01284 748722.

Baby Café: Friday Mornings 9 - 10.30am in Church during term time. Toddlers activities, fun, and drinks contacts Wendy 720125 or Mary 638897

The Healing Team. Two members of the Healing Group will be present in our Space For Grace after the 11.15 service today for anyone to share their concerns, or doubts, fears or worries. It is done in complete confidence.

Next Sunday: Sunday 14th February. The First Sunday of Lent.

St Michael's: 8.00am Eucharist (Book of Common Prayer.) 9.30am Parish Eucharist.

All Saints Saxtead: 11.15 am Eucharist (Book of Common Prayer.)

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