

Maundy Thursday:

7.30pm Holy Communion, washing of feet and stripping of the altar using music from Taize which will help us consider what Jesus did for us during the first Holy Week.

Good Friday: 10am Churches Together walk of witness.
10.30 – 12.30 Children's activity morning and short act of worship.

1.30pm The Seven Last words from the Cross - Music by J Hayden performed by Sudbourne Ensemble, a professional group of musicians is offering this to Framlingham this year (retiring collection to support them).

Wednesday 23rd March – 10.30am Holy Communion in the Rectory.

Next Sunday: Easter Day – Sunday 27th March: 8am Eucharist (Book of Common Prayer.) 9.30am Parish Eucharist (CW). Saxtead: 11.15am Holy Communion (Common Worship).

Rector: The Rev Canon Mark Sanders Tel: 01728 768875 Email: revmarksanders@tiscali.co.uk Associate Priest: Revd. Mary Lamb. Email: marylamb1952@googlemail.com Parish Office: Telephone 01728 621255 Email framparish@gmail.com

The
Church of Saint Michael
Framlingham
with All Saints Saxtead



Palm Sunday March 20th 2016 Church Notices.

Please pray for: Sheila Millard, Doreen Burrows, Michael Bridges, Olwin Bridges, Desmond and Renee Clifton, Trevor Newton, Joyce Davis and any who are unwell at this time.

Please also pray for: The family of Annie Hughes whose funeral will be on Thursday 24th March at 2pm

Easter Lilies: Please fill in the sign-up sheet at the back of church if you would like to buy lilies to decorate the church this Easter in memory of a loved one. They are £3 a stem. Any enquiries or money for lilies to Wendy Phelan 01728 720125.

Palm Sunday Alive@4: This afternoon, Sunday 20th March at 4pm in St Michael's Rooms - fun, fellowship, bible stories, activities, crafts and High Tea – all welcome. Come and meet a real donkey!

Fair Trade Coffee Morning: Thank you to everyone who helped with this event last Saturday and to all who came along and enjoyed delicious coffee and cake and supported two very good causes (Fair Trade and The Delhi Brotherhood. We raised £110.

An appeal for Church Welcomers: Do you have a couple of hours to spare during the summer months? If so then please join our team of church welcomers, who are on duty from April to September, afternoons between 2 – 4p.m. The idea is to welcome visitors to the church and at the same time ensure that our venerable building and

its contents are treated with respect. Most of the current team commit to just one afternoon a month. A detailed knowledge of the church's history is **not** required for this role, just a welcoming smile and a willingness to help visitors find the information they need. If you are new to Framlingham church and/or new to stewarding, I would be pleased to work alongside you in the first session or two. Enquiries to Jenny Broster on 01728 720103.

Knitters and Stitchers: Butterflies are ready for Easter so the Knit and Stitch Group are turning their attention to further projects. Bunting for the Queen's Birthday celebrations mean we have a need for red, white or blue materials if anyone has any spare, small patterns in those colours are fine. The next meeting is at **10am on Tuesday 5th April** in church. We plan another charity stall for the Christmas Tree Festival (Dec 3rd) so there is plenty of scope for any projects you have in hand. Have a cuppa and a chat as well. Details: Geraldine: 727489 or Mary: 638897

The Healing Team. Two members of the Healing Group will be in our Space For Grace after the 9.30 service today for anyone to share their concerns, doubts, fears or worries. It is done in complete confidence

The Food Bank: Donations are urgently needed. It is important that the items are well within the sell-by dates as unfortunately, it can be several weeks before there is enough to merit a delivery. The food from our bin in church is taken to the Salvation Army in Woodbridge who are always in need of donations and even have to buy in food in order to have enough to go round. I know we are always being asked to give to good causes, but if you can keep popping something in our bin it would be much appreciated, any non-perishable foods are more than welcome. Thank you.

FOSM: We are collecting stamps, foreign coins and notes, and obsolete British coins, if you have any spare please put them in an envelope and pop in the safe in the church, or give them to Joyce Spruce or Steph Bennell. (There is a box for stamps on the FOSM

table near the font in the church.

Services in Holy Week:

Monday 21st March: 7.30pm Compline and Address

Tuesday 22nd March: 7.30pm Stations of the Cross.

The Stations of the Cross in sculpture, words and music:

The Forest Stations are a series of sculptures in wood made by William Fairbank. Their naming refers to the sculptor's love of timber and his concerns for the preservation of forests and trees throughout the world. The sculptures tell the story of the traditional account of Jesus Christ's death, depicting each stage, or station, along the road to the place of crucifixion. The images are formed within the natural and carved shapes and colours of 139 different timbers. For William, the attraction of the Stations of the Cross lay in the timeless nature of the subject, but he created these present day Stations in a time of environmental crisis with the world population set to double in the next thirty years. William took seven years to create these Stations which were for him a journey of discovery as he recovered from a serious brain injury, developing and communicating ideas on our over consumption and abuse of our earth. He calls Christ "a Man of Truth", and persecution, "great pressure from the crowd". He was drawn to this subject because the Stations have always been about personal devotion, and speak to everyone in the world regardless of age, race, wealth or personal beliefs. The final station called "illumination" is abstract and speaks to us all, reminding us of "all that energy". In Station 1 "that crowd includes you and that crowd includes me". ***"The Forest Stations" can be seen in the nave of Lincoln Cathedral.***

Wednesday 23rd March: 10.30am Communion in Rectory
7.30pm Compline and Address