

## Notices continued:

**Knitters and Stitchers** next meeting is on Tuesday 11th July at 10am. Harvest plans are forming - A large trug basket in front of the altar full of fruit and veg. We have knitted carrots, felt tomatoes, lemons and bananas, strawberries, plus peas and (harvest) mice on their way!! If you feel like making with card and glue instead of wool or needle then go ahead, all ideas welcome. The Harvest service will be on 1st October at 11.15 followed by a shared lunch. Geraldine or Mary 638897

**Monthly newsletter:** For those of you who have not received your Newsletter by email, please don't forget to pick up a copy from the back of church and take it home with you. It is full of useful information for July. If you have anything you wish to put in the August newsletter please speak to Victoria or email it to the Parish Office, your contributions will be very welcome.

### **Bishop Mike at St Michael's:**

*Thinking About Worship* - Monday 17<sup>th</sup> July at 7.30pm. Mark says 'He is an excellent speaker, presenter and challenger. We need to come together to share and pray together and hear how God is calling us onwards.' All welcome to come and hear Bishop Mike, there is a sign-up sheet at the back of church.

**FOSM Lunch:** Just a reminder that there is no FOSM Lunch in July. The next one will be on Thursday 17<sup>th</sup> August, so do put the date in your diary. Thank you.

**The Healing Team:** Two members of the Healing Group will be in our Space For Grace after the 9.30 service today for anyone to share their concerns, doubts, fears or worries or to say thank you. It is done in complete confidence.

**The Food Bank:** Donations are badly needed and your contributions are very gratefully received. It is important that the items are well within the sell-by dates as unfortunately, it can be several weeks before there is enough to merit a delivery. The food from our bin in church is taken to the Salvation Army in Woodbridge who are always in need of donations and even have to buy in food in order to have enough to go round. I know we are always being asked to give to good causes, but if you can keep popping something in our bin it would be much appreciated, any non-perishable foods are more than welcome. Thank you.

The  
**Church of Saint Michael**  
Framlingham  
with All Saints Saxtead



## The Fourth Sunday After Trinity July 9th 2017.

### Today's Service:

**Processional Hymn:** 702 The Church's one foundation

**Gradual Hymn:** 349 Immortal, invisible

**Offertory Hymn:** 327 I cannot tell

**Final Hymn:** 399 Jesus shall reign Where'er the sun

**Collect:** Gracious Father, by the obedience of Jesus you brought salvation to our wayward world; draw us into harmony with your will, that we may find all things restored in him, our Saviour, Jesus Christ. Amen.

### First Reading: Romans 7.15–25a

15 I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. 16 Now if I do what I do not want, I agree that the law is good. 17 But in fact it is no longer I that do it, but sin that dwells within me. 18 For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. 19 For I do not do the good I want, but the evil I do not want is what I do. 20 Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. 21 So I find it to be a law that when I want to do what is good, evil lies close at hand. 22 For I delight in the law of God in my inmost self, 23 but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. 24 Wretched man that I am! Who will rescue me from this body of death? 25 Thanks be to God through Jesus Christ our Lord!

For the word of the Lord.  
Response (ALL) **Thanks be to God.**

**Gradual Hymn:** 349 Immortal, invisible

**GOSPEL: Matthew 11.16–19, 25–30**

Hear the gospel of our Lord Jesus Christ according to Matthew.  
Response (ALL): **Glory to you, O Lord.**

At that time Jesus said, 16 'To what will I compare this generation? It is like children sitting in the market-places and calling to one another, 17 "We played the flute for you, and you did not dance; we wailed, and you did not mourn." 18 For John came neither eating nor drinking, and they say, "He has a demon"; 19 the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds. 25 I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; 26 yes, Father, for such was your gracious will. 27 All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. 28 Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. 29 Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy, and my burden is light.'

This is the Gospel of the Lord.  
Response (ALL): **Praise to you, O Christ.**

**Post Communion:** Eternal God, comfort of the afflicted and healer of the broken, you have fed us at the table of life and hope: teach us the ways of gentleness and peace, that all the world may acknowledge the kingdom of your Son Jesus Christ our Lord. Amen.

**Please pray for:** Tom Sanders, Barnaby Akbareian-Clarke, Betty Mockford, David James, Marion Barber, Ben Bullock, Robin Self, Patrick Lowin and Graham Vellacott, Olwin Bridges, Desmond and

Renee Clifton, Trevor Newton, Joyce Davis and any who are unwell at this time.

**Please also remember in your prayers:** Rob Norman, Beryl Reeve and John Maulden who have died recently and their families.

**Notices: Please take this sheet home with you.**

**Junior Church:** All children who are in school years 1 – 6 are welcome to join us today, Sunday 9<sup>th</sup> July, during the 9.30am service in church. We will be going out to St Michael's Rooms to have lots of fun exploring the Christian faith through games, music, stories and activities.

**Fair Trade Stall:**

Steph will be here today, Sunday 9<sup>th</sup> July, with the Fair Trade stall after the 9.30am service. Time to stock up on all your favourite items! Thank you.

**Pet and Teddy Service:**

Sunday July 16<sup>th</sup> 3.30pm, at Todd's Farm, Chapel Road, Saxtead IP13 9RB, guest appearances by Darius the donkey and friends – bring your own pet or teddy to join in the fun!

**Wednesday** 12th July – 10.30am Holy Communion.

**Next Sunday:** Sunday 16th July 2017:

8am Eucharist (BCP.) 9.30am Parish Eucharist (CW.)

Saxtead: 3.30pm Pet and Teddy Service at Todd's Farm. (see notices or newsletter for details.)

**Rector: The Rev Canon Mark Sanders Tel: 01728 768875 Email: [revmarksanders@tiscali.co.uk](mailto:revmarksanders@tiscali.co.uk) Associate Priest: Revd. Mary Lamb. Email: [marylamb1952@googlemail.com](mailto:marylamb1952@googlemail.com) Parish Office: Telephone 01728 621255 Email [framparish@gmail.com](mailto:framparish@gmail.com)**