

### Notices continued:

**FOSM:** As well as stamps, we are also collecting foreign coins and notes, and obsolete British coins - so if you have any spare please bring them to any event, put them in an envelope and pop in the wall safe in the church, or give them to Joyce Spruce or Steph Bennell.

There is a box for stamps on the FOSM table near the font in the church.

**Printer paper:** If you would like to buy a ream of printer paper (500 sheets) at the very reasonable cost of £3, please speak to Margaret, our treasurer or Victoria, our parish administrator. The paper is available here in church or from the church office.

### The Food Bank:

Donations are badly needed and your contributions are very gratefully received. It is important that the items are well within the sell-by dates as unfortunately, it can be several weeks before there is enough to merit a delivery. The food from our bin in church is taken to the Salvation Army in Woodbridge who are always in need of donations and even have to buy in food in order to have enough to go round. I know we are always being asked to give to good causes, but if you can keep popping something in our bin it would be much appreciated, any non-perishable foods are very welcome. Thank you.

**Wednesday 14<sup>th</sup> March – 10.30am Holy Communion in church.**

### Next Sunday:

Sunday 18<sup>th</sup> March 8am Eucharist (BCP.) 9.30am Parish Communion (CW). No Alive@4 this Sunday.  
Saxtead: 11.15am Holy Communion (CW)

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The  
**Church of Saint Michael**  
**Framlingham**  
with All Saints Saxtead



## The Third Sunday of Lent. Mothering Sunday March 11th 2018.

### Today's Service:

**Collect:** God of love, passionate and strong, tender and careful; watch over us and hold us all the days of our life; through Jesus Christ our Lord. Amen

### First Reading: Exodus 2.1–10

1 A man from the house of Levi went and married a Levite woman. 2 The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him for three months. 3 When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. 4 His sister stood at a distance, to see what would happen to him. 5 The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. 6 When she opened it, she saw the child. He was crying, and she took pity on him, 'This must be one of the Hebrews' children,' she said. 7 Then his sister said to Pharaoh's daughter, 'Shall I go and get you a nurse from the Hebrew women to nurse the child for you?' 8 Pharaoh's daughter said to her, 'Yes.' So the girl went and called the child's mother. 9 Pharaoh's daughter said to her, 'Take this child and nurse it for me, and I will give you your wages.' So the woman took the child and nursed it. 10 When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, 'because,' she said, 'I drew him out of the water.'

For the word of the Lord.

Response (ALL): **Thanks be to God**

## **GOSPEL: Luke 2.33–35**

Hear the gospel of our Lord Jesus Christ according to Luke  
Response (ALL): **Glory to you, O Lord.**

33 The child's father and mother were amazed at what was being said about Jesus. 34 Then Simeon blessed them and said to his mother Mary, 'This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed 35 so that the inner thoughts of many will be revealed – and a sword will pierce your own soul too.'

This is the Gospel of the Lord.

Response (ALL): **Praise to you, O Christ.**

### **Post Communion:**

Loving God, as a mother feeds her children at the breast you feed us in this sacrament with the food and drink of eternal life; help us who have tasted your goodness to grow in grace within the household of faith through Jesus Christ our Lord. Amen.

### **Please pray for:**

Patrick Lowin, Olwin Bridges, Desmond and Renee Clifton, Trevor Newton, Joyce Davis and any who are unwell at this time.

### **Notices:**

#### **Alive@4 with special Palm Sunday activities, service and Donkey, Sunday 25<sup>th</sup> March:**

This service won't be happening next Sunday 18<sup>th</sup> March. Instead it will be happening the following Sunday, Palm Sunday, March 25<sup>th</sup>. From 2 – 3.30pm there will be activities for slightly older children preparing for Holy Week and Easter. To be joined at 3.30pm by whole families and by a donkey, we will walk with the donkey around Church and after a short service we'll have tea in St Michael's Rooms. For more details ring Mary Lamb on 01728 638897 or Wendy Phelan on 01728 720125.

**The bishops for their 2018 Lent Appeal** propose parishes support local charities of their choice as distinct from 2017 where parishes were asked to support the diocesan link with Kagera, Tanzania. St Michael's has chosen **Talitha Koum** (see Mark 5 v 41) an Ipswich based Christian charity set up in 2006 running support groups for women with addiction problems. Talitha Koum's recently constructed **Hope Centre** at Witnesham will be used by women needing compassionate support. More information <https://www.talithakoum.org.uk> A bowl will be in the church during Lent if you feel able to support this very worthwhile charity which I commend to you. Mark.

**Holy Week:** There will be a time for a creative reflection on the message of Easter during Holy Week. Monday 26<sup>th</sup>, Tuesday 27<sup>th</sup>, and Friday 30<sup>th</sup>, all 10.00am -12.00 noon. Hopefully we will create part of a new portable altarpiece using the Christmas cards that many of you kindly brought in to church. Contact Mary Lamb if you would like more information. All welcome.

### **Monthly newsletter:**

For those of you who have not received your Newsletter by email, please don't forget to pick up a copy from the back of church and take it home with you. It is full of useful information for March. If you have anything you wish to put in the April newsletter please speak to Victoria or email it to the Parish Office, your contributions will be very welcome.

**The Healing Team:** Two members of the Healing Group will be in our Space For Grace after the 9.30 service today for anyone to share their concerns, doubts, fears or worries or to say thank you. It is done in complete confidence.

### **FOSM Lunch:**

This delicious lunch is happening on Thursday 15<sup>th</sup> March. There is a sign-up sheet at the back of the church. Everyone is welcome to come to this very sociable occasion, so do join us.