

Notices: Please take this sheet home with you.

Michael Ashwell's Funeral: This will take place on Wednesday 15th March at 1pm here in St Michael's. Please pray for the whole family at this time.

FOSM Lunch: This delicious lunch is happening on Thursday 16th March. There is a sign-up sheet at the back of the church. Everyone is welcome to come to this very sociable occasion, so do join us.

Alive @ 4: This service is happening next Sunday 19th March at 4pm, in St Michael's Rooms. There will be fun, fellowship, bible stories, activities, crafts and high tea. For more details ring Mary Lamb on 01728 638897 or Wendy Phelan on 01728 720125.

Kagera Lent Challenge: Our Diocese has had the Diocese of Kagera Anglican Church of Tanzania as its companion link for over 25 years. Bishops Martin and Mike have made Kagera the subject of this year's Lent Challenge. Rev Mark and the PCC hope that you will take up the challenge in whatever way you feel able. Please remember to take home your Lent Challenge Leaflet or you won't know what the challenge is!

Help needed: Spring is here, which heralds the start of the tourist season and the need for St Michael's team of volunteers to be in church to welcome visitors. We are looking for people to join our team. If you can spare a couple of hours during the summer months, starting in April through to September and would like further information, please contact me. If you have are new to Framlingham and/or new to stewarding, don't worry, I would be pleased to work alongside you in the first session or two. Jenny Broster on 01728 720103.

The Healing Team: Two members of the Healing Group will be present in our Space For Grace after the 9.30 service today for anyone to share their concerns, doubts, fears or worries or to say thank you. It is done in complete confidence.

The next meeting of Knit and Stitch will be at 2.30pm on Monday 20th March. We are making items to be given away at Easter to the children. A festival weekend in May with "Creation" as its theme means there is plenty of scope, so far we have leaves, daffodils and some animals but we need to think above and below the earth as well. Do come for a chat, share ideas, bring your own project and have a cuppa, we like to welcome new people. More details from Geraldine or Mary: 638897



The Second Sunday of Lent - Sunday 12th March 2017

Today's Service:

Processional Hymn:11 All for Jesus

Offertory Hymn: 52 At the name of Jesus (omitting verses 2 & 3)

Final Hymn:772 Thy hand, O God, has guided

Kyries in Lent 2 – Michael Booker

Collect: Almighty God, by the prayer and discipline of Lent may we enter into the mystery of Christ's sufferings, and by following in his Way come to share in his glory; through Jesus Christ our Lord. Amen

First Reading: Genesis 12.1–4a

1 The LORD said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. 2 I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. 3 I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.' 4 So Abram went, as the LORD had told him; and Lot went with him.

For the word of the Lord.

Response (ALL) **Thanks be to God.**

Psalm 121 – Michael Booker

Response (ALL) **The Lord shall keep watch over your going out and your coming in.**

Gospel Acclamation for Lent – Andrew Moore

Response (ALL): Praise to you, O Christ, King of eternal glory! X2

GOSPEL: John 3.1–17

Hear the gospel of our Lord Jesus Christ according to John
Response (ALL): **Glory to you O Lord.**

1 There was a Pharisee named Nicodemus, a leader of the Jews. 2 He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' 3 Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' 4 Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' 5 Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. 6 What is born of the flesh is flesh, and what is born of the Spirit is spirit. 7 Do not be astonished that I said to you, "You must be born from above." 8 The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' 9 Nicodemus said to him, 'How can these things be?' 10 Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things? 11 Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. 12 If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? 13 No one has ascended into heaven except the one who descended from heaven, the Son of Man. 14 And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, 15 that whoever believes in him may have eternal life. 16 For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. 17 Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.'

This is the Gospel of the Lord. Response (ALL): **Praise to you O Christ.**

Post Communion: Almighty God, you see that we have no power of ourselves to help ourselves; keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. Amen.

Please pray for: Ben Bullock, Robin Self, Patrick Lewin and Graham Vellacott, Olwin Bridges, Desmond and Renee Clifton, Trevor Newton, Joyce Davis and any who are unwell at this time.

Please also pray for the soul of Thelma Saunders and her family.

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Junior Church: Today, Sunday 12th March we will be holding Junior Church in St Michael's Rooms during the 9.30am service in church. All children who are in school years 1-6 are welcome to join us to explore the Christian faith through games, music, stories and fun activities. We will be holding Junior Church on the second Sunday of every month. For more information talk to Rev Mark 01728 768875.

Fair Trade Stall: Steph will be here today Sunday 12th March with the Fair Trade stall after the 9.30am service. Please bring plenty of change and stock up on all your favourite items. Thank you.

Commissioning of New Church Elders: Wendy Phelan and Edith Peck will be commissioned by Bishop Martin here at St Michael's next Sunday 19th March, during the 9.30am service. Please come and support them.

Lent Study Groups: This year there will be two Lent Study Groups running for 5 weeks in Lent. One straight after the Wednesday Communion. The other on Thursday evenings 7.30pm – 9.00pm. Geraldine and Peter Smith have very kindly offered to host the group this year at their home, 48 The Mowbrays, Framlingham. Betty Mockford will be leading the Thursday group, for more information contact Geraldine

Rector: The Rev Canon Mark Sanders Tel: 01728 768875 Email: revmarksanders@tiscali.co.uk **Associate Priest:** Revd. Mary Lamb. Email: marylamb1952@googlemail.com **Parish Office:** Telephone 01728 621255 Email framparish@gmail.com

Wednesday 16th March – 10.30am Holy Communion in the Rectory followed by Lent Study Group

Next Sunday: Sunday 19th March 2016: 8am Eucharist (Book of Common Prayer.) 9.30am Family Eucharist and Commissioning of Lay Elders with Bishop Martin. 4pm Alive@4 in St Michael's Rooms Saxtead: 11.15am Holy Communion (Common Worship).