

## Notices:

**Easter Lilies:** Please fill in the sign-up sheet at the back of church if you would like to buy lilies to decorate the church this Easter in memory of a loved one. They are £3 a stem. Any enquiries or money for lilies to Wendy Phelan 01728 720125.

**FOSM Lunch:** This delicious lunch is happening on Thursday 17<sup>th</sup> March. There is a sign-up sheet at the back of the church. Everyone is welcome to come to this very sociable occasion, so do join us.

**Palm Sunday Alive@4:** Next Sunday 20<sup>th</sup> March at 4pm in St Michael's Rooms - fun, fellowship, bible stories, activities, crafts and High Tea – all welcome.

**An appeal for Church Welcomers:** Do you have a fondness for the fantastic building that is our church? Do you enjoy meeting new people? If either or both of these things apply to you and you have a couple of hours to spare during the summer months, then please think about joining our team of church welcomers, who are on duty on summer afternoons between 2 – 4p.m. The idea is to welcome visitors to the church and, at the same time, ensure that our venerable building and its contents are treated with respect. Most of the current team commit to just one afternoon a month starting in April until the end of September. The aim is to have someone on duty each afternoon whenever possible, but this is not possible at present as we are short of volunteers. A detailed knowledge of the church's history is **not** required for this role, just a welcoming smile and a willingness to help visitors find the information they need. If you are new to Framlingham church and/or new to stewarding, don't worry, I would be pleased to work alongside you in the first session or two. For more information contact Jenny Broster on 01728 720103.

**Knitters and Stitchers:** Butterflies are ready for Easter so the Knit and Stitch Group are turning their attention to further projects. Bunting for the Queen's Birthday celebrations mean we have a need for red, white or blue materials if anyone has any spare, small patterns in those colours are fine. The next meeting is at **10am on Tuesday 5th April** in church. We plan another charity stall for the Christmas Tree Festival (Dec 3rd) so there is plenty of scope for any projects you have in hand. Have a cuppa and a chat as well. Details: Geraldine: 727489 or Mary: 638897

**The Healing Team.** Two members of the Healing Group will be in our Space For Grace after the 9.30 service today for anyone to share their concerns, doubts, fears or worries. It is done in complete confidence.

**Printer paper:** If you would like to buy a ream of printer paper (500 sheets) at the very reasonable cost of £3, please speak to Margaret, our treasurer or Victoria, our parish administrator. The paper is available here in church or from the church office.

The  
**Church of Saint Michael**  
**Framlingham**  
with All Saints Saxtead



## The Fifth Sunday of Lent – March 13th 2016

### Today's Service:

**Processional Hymn:** 627 Praise to the Holiest in the height

**Offertory Hymn:** 576 O Sacred head

**Final Hymn:** 729 The royal banners forward go

**Collect:** Most merciful God, who by the death and resurrection of your Son Jesus Christ delivered and saved the world; grant that by faith in him who suffered on the cross we may triumph in the power of his victory; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever.

### First Reading: **Philippians 3.4b–14**

4 If anyone else has reason to be confident in the flesh, I have more: 5 circumcised on the eighth day, a member of the people of Israel, of the tribe of Benjamin, a Hebrew born of Hebrews; as to the law, a Pharisee; 6 as to zeal, a persecutor of the church; as to righteousness under the law, blameless. 7 Yet whatever gains I had, these I have come to regard as loss because of Christ. 8 More than that, I regard everything as losses because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ and be found in him, 9 not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God based on faith. 10 I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, 11 if somehow I may attain the resurrection from the dead. 12 Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus

has made me his own. 13 Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, 14 I press on towards the goal for the prize of the heavenly call of God in Christ Jesus.

For the word of the Lord.

Response (ALL) **Thanks be to God.**

**Psalm: Psalm 23:**

**Response (ALL): He shall refresh my soul and guide me in the paths of righteousness for his name's sake.**

1. The Lord is my shepherd; therefore can I lack nothing.
2. He makes me lie down in green pastures and leads me beside still waters.
3. **Response (ALL)**
4. Though I walk through the valley of the shadow of death, I will fear no evil; for you are with me; your rod and your staff they comfort me.
5. You spread a table before me, in the presence of those who trouble me; you have anointed my head with oil and my cup shall be full.
6. Surely goodness and loving mercy shall follow me all the days of my life, and I will dwell in the house of the Lord forever.
7. **Response (ALL)**

**Gospel Acclamation: (ALL) Praise to you O Christ, king of eternal glory x 2**

**GOSPEL: John 12.1-8**

Hear the gospel of our Lord Jesus Christ according to John.

Response (ALL): **Glory to you O Lord.**

1 Six days before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. 2 There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. 3 Mary took a pound of costly perfume made of pure nard, anointed

Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. 4 But Judas Iscariot, one of his disciples (the one who was about to betray him), said, 5 'Why was this perfume not sold for three hundred denarii and the money given to the poor?' 6 (He said this not because he cared about the poor, but because he was a thief; he kept the common purse and used to steal what was put into it.) 7 Jesus said, 'Leave her alone. She bought it so that she might keep it for the day of my burial. 8 You always have the poor with you, but you do not always have me.'

This is the Gospel of the Lord.

Response (ALL): **Praise to you O Christ.**

**Post Communion:** Lord Jesus Christ you have taught us that what we do for the least of our brothers and sisters we do also for you; give us the will to be the servant of others as you were the servant of all, and gave up your life and died for us, but are alive and reign, now and forever. Amen.

**Please pray for:** Sheila Millard, David James, Doreen Burrows, Michael Bridges, Olwin Bridges, Desmond and Renee Clifton, Trevor Newton, Joyce Davis and any who are unwell at this time.

**Please also pray for:** The family of Annie Hughes who died on Monday and for the family of Sally who has also died.

**Wednesday** 16th March – 10.30am Holy Communion in the Rectory.

**Next Sunday:** Palm Sunday – Sunday 20th March: 8am Eucharist (Book of Common Prayer.) 9.30am Parish Eucharist.

Saxtead: 11.15am Holy Communion (Common Worship).

**Rector:** The Rev Canon Mark Sanders Tel: 01728 768875 Email:

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