Notices continued:

Tower Team Children's activities during the 9.30am service:

Deborah or Victoria will be very pleased if any children here today would like to come and join in some Sunday school activities in the Tower Room just before the sermon starts.

FOSM Lunch This delicious lunch is happening on Thursday 21st September. There is a sign-up sheet at the back of the church. Everyone is welcome to come to this very sociable occasion, so do join us.

A date for your diary: Our Patronal Festival here at St Michael's is on Sunday September 24th at the 9.30am service. Our preacher for this special occasion will be Bishop Tim Stevens who is the retired Bishop of Leicester and also the Assistant Bishop of this diocese. Don't miss it!

FOSM plant sale: There are lots of beautiful plants in the porch; they are for sale in aid of FOSM. Don't miss the opportunity to fill any gaps in your flower beds this autumn.

The Healing Team:

Two members of the Healing Group will be in our Space For Grace after the 9.30 service today for anyone to share their concerns, doubts, fears or worries or to say thank you. It is done in complete confidence.

Food Bank: Donations for the church food bank bin are urgently needed. The food from our bin in church is taken to the Salvation Army in Woodbridge who are always in need of donations and even have to buy in food in order to have enough to go round. I know we are always being asked to give to good causes, but if you can keep popping something in our bin it would be much appreciated. Thank you. Sandy Rowles.

Rector: The Rev Canon Mark Sanders Tel: 01728 768875 Email: revmarksanders@tiscali.co.uk Associate Priest: Revd. Mary Lamb. Email: marylamb1952@googlemail.com Parish Office: Telephone 01728 621255 Email framparish@gmail.com



The Fourteenth Sunday After Trinity. September 17th 2017.

Today's Service:

Processional Hymn: 623 Praise my soul, the King of heaven

Gradual Hymn: 238 God has spoken by his prophets **Offertory Hymn:** 223 Glorious things of thee are spoken

Final Hymn: 628 Praise to the Lord, the almighty

Collect: Merciful God, your Son came to save us and bore our sins on the cross: may we trust in your mercy and know your love, rejoicing in the righteousness that is ours through Jesus Christ our Lord. Amen.

First Reading: Exodus 14. 19 -31

19 The angel of God who was going before the Israelite army moved and went behind them; and the pillar of cloud moved from in front of them and took its place behind them. 20 It came between the army of Egypt and the army of Israel. And so the cloud was there with the darkness, and it lit up the night; one did not come near the other all night. 21 Then Moses stretched out his hand over the sea. The LORD drove the sea back by a strong east wind all night, and turned the sea into dry land; and the waters were divided. 22 The Israelites went into the sea on dry ground, the waters forming a wall for them on their right and on their left. 23 The Egyptians pursued, and went into the sea after them, all of Pharaoh's horses, chariots, and chariot drivers. 24 At the morning watch the LORD in the pillar of fire and cloud looked down upon the Egyptian army, and threw the Egyptian army into panic. 25 He clogged their chariot wheels so that they turned with difficulty. The Egyptians said, 'Let us flee from the

Israelites, for the LORD is fighting for them against Egypt.' 26 Then the LORD said to Moses, 'Stretch out your hand over the sea, so that the water may come back upon the Egyptians, upon their chariots and chariot drivers.' 27 So Moses stretched out his hand over the sea, and at dawn the sea returned to its normal depth. As the Egyptians fled before it, the LORD tossed the Egyptians into the sea. 28 The waters returned and covered the chariots and the chariot drivers, the entire army of Pharaoh that had followed them into the sea; not one of them remained. 29 But the Israelites walked on dry ground through the sea, the waters forming a wall for them on their right and on their left. 30 Thus the LORD saved Israel that day from the Egyptians; and Israel saw the Egyptians dead on the seashore. 31 Israel saw the great work that the LORD did against the Egyptians. So the people feared the LORD and believed in the LORD and in his servant Moses.

For the word of the Lord. Response (ALL) **Thanks be to God.**

Gradual Hymn: 238 God has spoken by his prophets

GOSPEL: Matthew 18 v 21 - 35

Hear the gospel of our Lord Jesus Christ according to Matthew Response (ALL): Glory to you, O Lord.

21 Peter came and said to Jesus, 'Lord, if another member of the church sins against me, how often should I forgive? As many as seven times?' 22 Jesus said to him, 'Not seven times, but, I tell you, seventy-seven times. 23 For this reason the kingdom of heaven may be compared to a king who wished to settle accounts with his slaves. 24 When he began the reckoning, one who owed him ten thousand talents was brought to him; 25 and, as he could not pay, his lord ordered him to be sold, together with his wife and children and all his possessions, and payment to be made. 26 So the slave fell on his knees before him, saying, "Have patience with me, and I will pay you everything." 27 And out of pity for him, the lord of that slave released him and forgave him the debt. 28 But that same slave, as he went out, came upon one of his fellow-slaves who owed him a hundred denarii; and seizing him by the throat, he said, "Pay what you owe."

29 Then his fellow-slave fell down and pleaded with him, "Have patience with me, and I will pay you." 30 But he refused; then he went and threw him into prison until he would pay the debt. 31 When his fellow-slaves saw what had happened, they were greatly distressed, and they went and reported to their lord all that had taken place. 32 Then his lord summoned him and said to him, "You wicked slave! I forgave you all that debt because you pleaded with me. 33 Should you not have had mercy on your fellow-slave, as I had mercy on you?" 34 And in anger his lord handed him over to be tortured until he would pay his entire debt. 35 So my heavenly Father will also do to every one of you, if you do not forgive your brother or sister from your heart.'

This is the Gospel of the Lord.

Response (ALL): Praise to you, O Christ.

Post Communion: Lord God, the source of truth and love, keep us faithful to the apostles' teaching and fellowship, united in prayer and the breaking of bread, and one in joy and simplicity of heart, in Jesus Christ our Lord. Amen.

Please pray for: Patrick Lowin, Olwin Bridges, Desmond and Renee Clifton, Trevor Newton, Joyce Davis and any who are unwell at this time.

Notices: Please take this sheet home with you.

Alive @ 4: This service is today, Sunday 17th September at 4pm, in St Michael's Rooms. There will be fun, fellowship, bible stories, activities, crafts and high tea. For more details ring Mary Lamb on 01728 638897 or Wendy Phelan on 01728 720125.

New prayer group: There will be a new prayer group meeting for the first time, tomorrow evening - Monday 18th September, 7pm – 8pm, at the Rectory. Betty Mockford will be leading this first meeting. The aim will be to support each other and the life of Church and town through prayer as part of our 'Growing Deeper' in God.

Wednesday 21st September – 10.30am Holy Communion.

Next Sunday: Sunday 24th Sept 2017: 8am Eucharist (BCP.)

9.30am Parish Eucharist (CW) St Michael's Patronal Festival.

Saxtead: 6.30pm Evening Prayer.