

## Notices:

**Lent Course** – The Psalms: **Tuesday afternoons:** Christopher Bindloss', 01728 720106, The Grange, Fairfield Rd from 2pm – leader will be Christopher. **Tuesday evenings:** Paula Kerr's, Briar House, Badingham Road, Framlingham, IP13 9HS. Tel: 01728 723108 from 7.30, leader will be Betty Mockford. **Wednesday mornings** at Rectory at 11.15. This will follow the Holy Communion Service which you are welcome to attend but group and service will be totally different groups.

**Women's World Day of Prayer, Friday 4<sup>th</sup> March:** This year this event is being held at St Clare's RC church on Front Street at 2 pm. All are welcome (regardless of gender!)

**Baby Cafe:** Starts again after half term on Friday 26<sup>th</sup> February as usual. Any enquiries please phone Wendy 720125.

**Alive@4:** This afternoon, Sunday 21st February in St Michaels Rooms at 4pm. Worship fun Activities and tea with young families especially in mind. Do join us. Contacts Mary 638897 or Wendy 720125

**Two Lectionary Days in March: Tuesday 8 March 2016** at the St Nicholas Centre, Ipswich from 9.30am to 3.30pm. **Saturday 19 March 2016** at the Hyndman Centre, Bury St Edmunds from 9.30am – 3.30pm. Cost for each £7 including refreshments but please bring your own lunch. For more information contact Lesley Steed on 01473 298510 or [lesley.steed@cofesuffolk.org](mailto:lesley.steed@cofesuffolk.org). See the posters in our Porch.

**Plastic milk bottle tops:** Please start collecting them again for Deborah and Wendy as the children love the game they are used for!

**Knitters and Stitchers:** We have 26 butterflies ready to fly at Easter but need more. Next meeting is on Monday 7th March at 2pm. Do come, if you are making something else bring it along, we love new ideas or just join in the chat and enjoy a cuppa. Details Mary: 638897 or Geraldine: 727489

**The Healing Team.** Two members of the Healing Group will be in our Space For Grace after the 9.30 service today for anyone to share their concerns, doubts, fears or worries. It is done in complete confidence.

### **The Silent Prayer Group**

You are welcome to join the Silent Prayer Group on Monday 7<sup>th</sup> March at Framlingham College Chapel. A simple breakfast will be served from 8.45am prayers are from 9.15 – 10.00am. Any enquiries to Rayleen Finn 01728 723322, [rayleenf@aol.com](mailto:rayleenf@aol.com)

The  
**Church of Saint Michael**  
**Framlingham**  
with All Saints Saxtead



## **The Second Sunday of Lent – February 21st 2016**

### **Today's Service:**

**Processional Hymn:** 19 All my hope on God is founded;

**Offertory Hymn:** 181 Fight the good fight with all thy might;

**Final Hymn:** 442 Light's abode, celestial Salem

**Collect:** Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness; grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you in the unity of the Holy Spirit, one God, now and forever. Amen.

### **First Reading: Philippians 3.17 – 4.1**

17 Brothers and sisters, join in imitating me, and observe those who live according to the example you have in us. 18 For many live as enemies of the cross of Christ; I have often told you of them, and now I tell you even with tears. 19 Their end is destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. 20 But our citizenship is in heaven, and it is from there that we are expecting a Saviour, the Lord Jesus Christ. 21 He will transform the body of our humiliation that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself. 1 Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved.

For the word of the Lord.

Response (ALL) **Thanks be to God.**

## **Psalm 13:**

**Response: (All) Look upon me and answer me, O Lord.**

1 How long, O Lord; will you forget me for ever? How long will you hide your face from me?

2 How long shall I have perplexity in my mind, and grief in my heart, day after day? How long shall my enemy triumph over me? **Response.**

3 Look upon me and answer me, O Lord my God; give light to my eyes, lest I sleep in death;

4 Lest my enemy say, 'I have prevailed over him', and my foes rejoice that I have fallen. **Response.**

5 But I put my trust in your mercy; my heart is joyful because of your saving help.

6 I will sing to the Lord, for he has dealt with me richly; I will praise the name of the Lord Most High. **Response.**

**Gospel Acclamation: (ALL) Praise to you O Christ, king of eternal glory x 2**

**GOSPEL: Luke 13 v 31 – 35**

Hear the gospel of our Lord Jesus Christ according to Luke

Response (ALL): **Glory to you O Lord.**

31 At that very hour some Pharisees came and said to him, 'Get away from here, for Herod wants to kill you.' 32 He said to them, 'Go and tell that fox for me, "Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. 33 Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed away from Jerusalem." 34 Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood

under her wings, and you were not willing! 35 See, your house is left to you. And I tell you, you will not see me until the time comes when you say, "Blessed is the one who comes in the name of the Lord."

This is the Gospel of the Lord.

Response (ALL): **Praise to you O Christ.**

**Post Communion:** Almighty God, you see that we have no power of ourselves to help ourselves; keep us both outwardly in our bodies, and inwardly in our souls; the we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. Amen.

**Please pray for:** Billy Doy, David James, Doreen Burrows, Sally, Michael Bridges, Annie Hughes, Olwin Bridges, Desmond and Renee Clifton, Trevor Newton, Joyce Davis and any who are unwell at this time.

**Please also pray for:** The family of Alfred Whymark. His funeral service is tomorrow, Monday 22nd February at 11am and for the family of Bob Rowles whose thanksgiving service is at 1.30pm on Thursday 3<sup>rd</sup> March.

**Wednesday 24th February** – 10.30am Holy Communion in the Rectory.

**Next Sunday:** The Third Sunday of Lent – Sunday 28th February:  
8am Eucharist (Book of Common Prayer.) 9.30am Parish Eucharist.  
Saxtead: 11.15am Morning Prayer (Book of Common Prayer).

**Rector: The Rev Canon Mark Sanders Tel: 01728 768875 Email: [revmarksanders@tiscali.co.uk](mailto:revmarksanders@tiscali.co.uk) Associate Priest: Revd. Mary Lamb. Email: [marylamb1952@googlemail.com](mailto:marylamb1952@googlemail.com) Parish Office: Telephone 01728 621255 Email [framparish@gmail.com](mailto:framparish@gmail.com)**