

Notices continued: Tower Team Children's activities during the

9.30am service: Deborah or Victoria will be very pleased if any children here today would like to come and join in some Sunday school activities in the Tower Room just before the sermon starts.

Christian Aid Coffee Morning: Next Saturday, June 2nd from 10am – 12noon, coffee morning in St Michael's. There will be a warm welcome, lots of delicious home-made cakes and a Fairtrade stall.

Touching Heaven: Saturday 16th June, 10am – 4pm here at St Michael's. An inspirational day, led by Richard Hubbard, exploring ways in which music helps our worship. All details on the poster in the porch. Admission £10. Advance booking essential.

Town Pastors Love Latitude: Town Pastors are already busy preparing for this year's Latitude Festival, which will take place between 12-15 July 2018. We would love it if our Christian family would support and 'Love Latitude' in prayer once again this year. If you would like some more information or would like to be added to the list of people praying for the ministry of the Festival Pastor team, please contact Clare Jessup, Coordinator at coordinator@festivalpastors.org.uk.

The Healing Team: Two members of the Healing Group will be in our Space For Grace after the 9.30 service today for anyone to share their concerns, doubts, fears or worries or to say thank you. It is done in complete confidence.

The Food Bank: Donations are badly needed and your contributions are very gratefully received. It is important that the items are well within the sell-by dates as unfortunately, it can be several weeks before there is enough to merit a delivery. The food from our bin in church is taken to the Salvation Army in Woodbridge who are always in need of donations and even have to buy in food in order to have enough to go round. I know we are always being asked to give to good causes, but if you can keep popping something in our bin it would be much appreciated, any non-perishable foods are very welcome. Thank you.

Wednesday 30th May – 10.30am Holy Communion in church.

Next Sunday: Sunday 3rd June 8am Eucharist (BCP.)

9.30am Family Communion (CW)

Saxtead: 11.15am Holy Communion (CW)

Rector: The Rev Canon Mark Sanders Tel: 01728 768875 Email: revmarksanders@tiscali.co.uk Associate Priest: Revd. Mary Lamb. Email: marylamb1952@gooqlemail.com Parish Office: Telephone 01728 621255 Email framparish@gmail.com



Trinity Sunday May 26th 2018.

Today's Service:

Hymns:

Processional Hymn: 310 Holy, holy, holy, Lord God almighty

Gradual Hymn: 767 Thou, whose almighty word

Offertory Hymn: 40 Angel-voices ever singing

Final Hymn: 320 How shall I sing that majesty

Collect:

Holy God, faithful and unchanging; enlarge our minds with the knowledge of your truth, and draw us more deeply into the mystery of your love, that we may truly worship you, Father, Son and Holy Spirit, one God, now and forever. Amen.

First Reading: Isaiah 6. 1-8

1 In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. 2 Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. 3 And one called to another and said: 'Holy, holy, holy is the LORD of hosts; the whole earth is full of his glory.' 4 The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. 5 And I said: 'Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the LORD of hosts!' 6 Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. 7 The seraph touched my mouth with it and said: 'Now that this has touched your lips, your guilt has departed and your sin is blotted out.' 8 Then I heard the voice of the Lord saying, 'Whom shall I send, and who will go for us?' And I said, 'Here am I; send me!'

For the word of the Lord.

Response (ALL): **Thanks be to God**

Gradual Hymn: 767 Thou, whose almighty word

GOSPEL: John 3. 1 – 17

Hear the gospel of our Lord Jesus Christ according to John

Response (ALL): **Glory to you, O Lord.**

1 There was a Pharisee named Nicodemus, a leader of the Jews. 2 He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' 3 Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' 4 Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' 5 Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. 6 What is born of the flesh is flesh, and what is born of the Spirit is spirit. 7 Do not be astonished that I said to you, "You must be born from above." 8 The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' 9 Nicodemus said to him, 'How can these things be?' 10 Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things? 11 Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. 12 If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? 13 No one has ascended into heaven except the one who descended from heaven, the Son of Man. 14 And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, 15 that whoever believes in him may have eternal life. 16 For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. 17 Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.'

This is the Gospel of the Lord.

Response (ALL): **Praise to you, O Christ.**

Post Communion: Almighty and eternal God, you have revealed yourself as Father, Son and Holy Spirit, and live and reign in the perfect unity of love: hold us firm in this faith, that we may know you in all your ways and evermore rejoice in your eternal glory, who are three Persons yet one God, now and forever. Amen.

Please pray for: Thelma Durrant, Patrick Lowin, Olwin Bridges, Renee Clifton, Joyce Davis and any who are unwell at this time.

Please also pray for: Stuart Barber, who died this week, for his family Sarah and Andrew and all who knew him.

Notices:

SAFEGUARDING: There are two opportunities this month, in a relaxed setting and with refreshments, to think about the issues of safeguarding and gain the basic information that the Bishops feel we need about protecting young people and vulnerable adults. The Bishops encourage us all to engage but are more insistent about those who represent the Church (ministers, elders, visitors, youth leaders, PCC members) or those who deal with the public in churches or even might be in Church on their own – for instance cleaners or flower arrangers. This is not about being checked or vetted this is about being a good citizen and knowing how to take appropriate action.

The session will have input for about an hour and an opportunity to chat and ask questions.

Tuesday June 12th 2.30 at St Michael's Rooms (with tea and cake!)

Thursday June 21st 7.30 in St Michael's Church (with refreshments)

Please book in as soon as possible by calling Victoria / leaving a message on 01728 621255 or emailing framparish@gmail.com giving name and some way of getting in contact with you. There is no cost but we do need you to book in as there is a maximum of 35 people who can attend each meeting, you will be asked to sign in and you will receive a certificate of attendance which acknowledges your participation and knowledge in a number of areas which the Bishops want for ministers and volunteers and PCC members.

FOSM Lunch:

This delicious lunch is happening on Thursday 14th June. There is a sign-up sheet at the back of the church. Everyone is welcome to come to this very sociable occasion, so do join us.