



The Fourth Sunday before Lent – February 5th 2017

Wednesday 8th February 10.30am Holy Communion in the Rectory.

Please pray for: Patrick Lewin and Graham Vellacott, Olwin Bridges, Desmond and Renee Clifton, Trevor Newton, Joyce Davis and any who are unwell at this time.

Give thanks for the life of Alfred James Whymark on the first anniversary of his death.

NOTICES - Please take this sheet home with you.

The Children's Society boxes: February is the month for our boxes to be emptied, so please would you bring them to church on Sundays. Last year we raised £855.66 which was a great total. For any newcomers, the idea is to put your loose change into the boxes at the end of the day, and as you can see, it soon adds up. If you would like a box, I will have some with me in church for the next few weeks. The Children's Society works with vulnerable children, who have nowhere left to turn. For more information please visit the website childrenssociety.org.uk. Thankyou. Mary Stanbrook.

Christmas collections 2016: Thanks to the generosity of our Christmas congregations The Delhi Brotherhood has received £439.50, The Ipswich night shelter and The Syrian refugee appeal have each received £717.

The Silent Prayer Group: You are welcome to join the Silent Prayer Group on Monday 6th February at Framlingham College Chapel. A simple breakfast will be served from 8.45am prayers are from 9.15 – 10.00am.

Any enquiries to Rayleen Finn 01728 723322, rayleenf@aol.com

Fair Trade Stall: Steph will be here on Sunday 12th February after the 9.30am service. Please bring plenty of change and stock up on all your favourite items. Thank you.

The next meeting of Knit and Stitch will be at 2pm on Tuesday 14th February. We plan to make some items to be given away at Easter to the children. Ideas for decorations indicating "Creation" for a festival weekend in May, plenty of scope there! Do come for a chat, share ideas, bring your own project and have a cuppa, we like to welcome new people. More details from Geraldine or Mary: 638897

FOSM Lunch: This delicious lunch is happening on Thursday 16th February. There is a sign-up sheet at the back of the church. Everyone is welcome to come to this very sociable occasion, so do join us.

Alive @ 4: This service is happening on Sunday 19th February at 4pm, in St Michael's Rooms. There will be fun, fellowship, bible stories, activities, crafts and high tea. For more details ring Mary Lamb on 01728 638897 or Wendy Phelan.

Thank you: Mary says "thank you " for the Christmas cards you all donated, they are in the process of being recycled and will hopefully re-emerge as part of an art work to be created over the Easter period.

The Healing Team: Two members of the Healing Team will be present in our Space For Grace after the 9.30 service today for anyone to share their concerns, or doubts, fears or worries. It is done in complete confidence.

Food Bank – Donations for the church food bank bin are urgently needed. The food from our bin in church is taken to the Salvation Army in Woodbridge who are always in need of donations and even have to buy in food in order to have enough to go round. I know we are always being asked to give to good causes, but if you can keep popping something in our bin it would be much appreciated. Thank you.

Next Sunday: Sunday 12th February.

St Michael's: 8.00am Eucharist (Book of Common Prayer.) 9.30am Parish Eucharist.

All Saints Saxtead: 11.15 am Eucharist (Book of Common Prayer.)

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