



## **The Third Sunday Before Advent** **November 6th 2016**

**Wednesday 9<sup>th</sup> November: 10.30am Holy Communion.**

**Please pray for** Millie Florence Smith who is being baptised in the 9.30am service today and for her family who are celebrating this very special occasion with us.

**Please pray for:** Wendy Zebedee, Michael Bridges, Olwin Bridges, Desmond and Renee Clifton, Trevor Newton, Joyce Davis and any who are unwell at this time.

**NOTICES** - Please take this sheet home with you.

**The Silent Prayer Group:** You are welcome to join the Silent Prayer Group on Monday 7<sup>th</sup> November in Framlingham College Chapel. A simple breakfast will be served from 8.45am prayers are from 9.15 – 10.00am. Any enquiries to Rayleen Finn 01728 723322, [rayleenf@aol.com](mailto:rayleenf@aol.com)

**Monthly newsletter:** Please pick up a copy of our monthly newsletter from the back of church and take it home with you. It is full of useful information for November. If you have anything you wish to put in the November newsletter please speak to Victoria or email it to the Parish Office, your contributions will be very welcome

**Knitters and Stitchers:** The next meeting of the Knit and Stitch group will be on Wednesday 9th November at 11.15am in church. We are busy making items for the stall at the beginning of December - toys, garments, gifts etc. Any fresh ideas are helpful, or if you just fancy a chat and a cuppa you are very welcome. Details Mary or Geraldine. There will also be two meetings (31st Oct + 15th Nov) to make items to give away on Christmas Day, this involves

glue and paint not stitching! Further details from Mary Lamb:  
638897

**Lord, teach us to pray:** Friday 11 November 2016, 10.00am - 4.00pm at The Street, Rushmere St Andrew IP5 1DJA. A day led by Bishop Martin looking at Jesus' teaching on how to pray. To register, please contact Caroline Redman via [spirituality@cofesuffolk.org](mailto:spirituality@cofesuffolk.org) or phone 01359 269335. See poster in church porch for more details.

**FOSM Lunch:** This delicious lunch is happening on Thursday 17<sup>th</sup> November. There is a sign-up sheet at the back of the church. Everyone is welcome to come to this very sociable occasion, so do join us.

**The Healing Team:** Two members of the Healing Group will be in our Space for Grace after the 9.30 service today for anyone to share their concerns, doubts, fears or worries. It is done in complete confidence.

**The Food Bank:** Donations are badly needed and it is important that the items are well within the sell-by dates as unfortunately, it can be several weeks before there is enough to merit a delivery. The food from our bin in church is taken to the Salvation Army in Woodbridge. I know we are always being asked to give to good causes, but any non-perishable foods are more than welcome.

**Printer paper:** If you would like to buy a ream of printer paper (500 sheets) at the very reasonable cost of £3, please speak to Margaret, or Victoria.

**Next Sunday:** Sunday 13<sup>th</sup> November. Remembrance Sunday.

**St Michael's:** 8.00am Eucharist (Book of Common Prayer.) 9.30am Parish Eucharist. 10.50am Town Service of Remembrance.

**All Saints Saxtead:** 10.55am Remembrance Sunday Service.

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